Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: DBT

Coachinfo: Warming up from: 07:30 untill 08:25. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Splets Myriam

Coaches: De Wit Tessa

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 1: 400M FREESTYLE WOMEN 11+ Heat:1, starttime: 08:30

Heat: 1/4 Lane : 1 Athlete: KERFS LENTEL **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 1: 400M FREESTYLE WOMEN 11+ Heat:3, starttime: 08:47

Heat: 3/4 Lane : 2 Athlete: ARDU PEPPA JOLENE **Q-time: 05:24:73**

PB (25m pool): 05:24.73 Beringen 16/03/2025 **PB (50m pool):** 05:26.49 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		01:14.78		no time		03:20.98
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		05:24.73
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 1: 400M FREESTYLE WOMEN 11+ Heat:3, starttime: 08:47

Heat: 3/4 Lane : 5 Athlete: MOONS AURéLIE **Q-time: 05:26:92**

PB (25m pool): no time **PB (50m pool):** 05:26.92 **SB:** no time

	25M	50M	75M	100M	125M	150M	175M	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .
	225M	**250M**	**275M**	**300**	**325**	**350**	**375**	**400M**
PB		no time		no time		no time		no time
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:6, starttime: 09:46

Heat: 6/8 Lane : 4 Athlete: KILIC EYMEN — **Q-time: 01:41:70**

PB (25m pool): 01:41.70 Lommel 22/02/2026 **PB (50m pool):** 01:42.78 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:50.27		01:41.70	
		00:50.27		*00:51.43*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:7, starttime: 09:49

Heat: 7/8 Lane : 5 Athlete: TIELENS VALERIE — **Q-time: 01:35:75**

PB (25m pool): 01:35.75 Lommel 22/02/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:48.48		01:35.75	
		00:48.48		*00:47.27*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:8, starttime: 09:51

Heat: 8/8 Lane : 2 Athlete: MEYERS TRAPMAN SANDER — **Q-time: 01:32:86**

PB (25m pool): 01:32.86 Lommel 22/02/2026 **PB (50m pool):** 01:36.12 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:46.28		01:32.86	
		00:46.28		*00:46.58*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 3: 100M BACKSTROKE MIXED 10-9 — Heat:8, starttime: 09:51

Heat: 8/8 Lane : 4 Athlete: VERSCHAEREN JESPER — **Q-time: 01:31:98**

PB (25m pool): 01:31.98 Lommel 22/02/2026 **PB (50m pool):** 01:34.71 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:46.11		01:31.98	
		00:46.11		*00:45.87*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:3, starttime: 09:59

Heat: 3/12 Lane : 1 Athlete: OOMS CéLIA — **Q-time: 01:38:40**

PB (25m pool): 01:38.40 Lommel 22/02/2026 **PB (50m pool):** 01:40.68 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:47.17		01:38.40	
		00:47.17		*00:51.23*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:5, starttime: 10:04

Heat: 5/12 Lane : 5 Athlete: LAMBRECHTS ANAïS — **Q-time: 01:28:87**

PB (25m pool): 01:38.29 Pelt 06/10/2024 **PB (50m pool):** 01:28.87 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:38.29	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:6, starttime: 10:06

Heat: 6/12 Lane : 4 Athlete: MEYERS TRAPMAN ANNALINA — **Q-time: 01:25:36**

PB (25m pool): 01:25.36 Lommel 22/02/2026 **PB (50m pool):** 01:27.15 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:42.26		01:25.36	
		00:42.26		*00:43.10*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 4: 100M BACKSTROKE WOMEN 11+ — Heat:7, starttime: 10:08

Heat: 7/12 Lane : 6 Athlete: MOORS NORA — **Q-time: 01:24:41**

PB (25m pool): 01:24.41 Lommel 22/02/2026 **PB (50m pool):** 01:27.41 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:41.21		01:24.41	
		00:41.21		*00:43.20*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 5: 100M BACKSTROKE MEN 11+ — Heat:3, starttime: 10:26

Heat: 3/8 Lane : 3 Athlete: GRIETEN ARTHUR — **Q-time: 01:38:61**

PB (25m pool): 01:50.41 Bree 16/02/2025 **PB (50m pool):** 01:38.61 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:55.44		01:50.41	
		00:55.44		*00:54.97*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 11+ — Heat:4, starttime: 10:47

Heat: 4/5 Lane : 1 Athlete: CLAESKENS LINA — **Q-time: 01:24:21**

PB (25m pool): 01:23.31 Bilzen 26/02/2023 **PB (50m pool):** 01:24.98 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:23.31	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BUTTERFLY WOMEN 11+ — Heat:5, starttime: 10:49

Heat: 5/5 Lane : 5 Athlete: ARDU PEPPA JOLENE — **Q-time: 01:16:62**

PB (25m pool): 01:16.62 Aarschot 26/04/2026 **PB (50m pool):** 01:18.19 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:36.09		01:16.62	
		00:36.09		*00:40.53*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 11+ — Heat:2, starttime: 10:53

Heat: 2/4 Lane : 6 Athlete: MOORS LIAM — **Q-time: 01:36:40**

PB (25m pool): no time **PB (50m pool):** 01:36.40 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 7: 100M BUTTERFLY MEN 11+ — Heat:3, starttime: 10:55

Heat: 3/4 Lane : 3 Athlete: DEGRAEN DIEGO — **Q-time: 01:10:71**

PB (25m pool): 01:10.71 Bree 21/12/2025 **PB (50m pool):** 01:14.81 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:32.06		01:10.71	
		00:32.06		*00:38.65*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 100M BUTTERFLY MEN 11+ — Heat:3, starttime: 10:55

Heat: 3/4 Lane : 5 Athlete: LEMMENS LARS — **Q-time: 01:14:65**

PB (25m pool): 01:20.36 Bree 21/12/2025 **PB (50m pool):** 01:14.65 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.47		01:20.36	
		00:37.47		*00:42.89*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:7, starttime: 11:25

Heat: 7/8 Lane : 2 Athlete: VERSCHAEREN JESPER — **Q-time: 01:49:52**

PB (25m pool): 02:01.09 Pelt 05/10/2025 **PB (50m pool):** 01:49.52 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:59.78		02:01.09	
		00:59.78		*01:01.31*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:7, starttime: 11:25

Heat: 7/8 Lane : 3 Athlete: KILIC EYMEN — **Q-time: 01:48:63**

PB (25m pool): 01:49.72 Aarschot 26/04/2026 **PB (50m pool):** 01:48.63 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:52.97		01:49.72	
		00:52.97		*00:56.75*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:8, starttime: 11:27

Heat: 8/8 Lane : 4 Athlete: MEYERS TRAPMAN SANDER — **Q-time: 01:44:72**

PB (25m pool): 01:44.72 Aarschot 26/04/2026 **PB (50m pool):** 01:45.86 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:48.93		01:44.72	
		00:48.93		*00:55.79*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 100M BREASTSTROKE MIXED 10-9 — Heat:8, starttime: 11:27

Heat: 8/8 Lane : 6 Athlete: TIELENS VALERIE — **Q-time: 01:47:79**

PB (25m pool): 01:50.62 Bree 21/12/2025 **PB (50m pool):** 01:47.79 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:52.81		01:50.62	
		00:52.81		*00:57.81*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:4, starttime: 11:38

Heat: 4/12 Lane : 2 Athlete: KERFS LENTEL — **Q-time: 01:48:37**

PB (25m pool): 01:48.37 Pelt 05/10/2025 **PB (50m pool):** 01:53.60 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:52.62		01:48.37	
		00:52.62		*00:55.75*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:6, starttime: 11:42

Heat: 6/12 Lane : 6 Athlete: OOMS CéLIA — **Q-time: 01:43:32**

PB (25m pool): 01:47.01 Aarschot 26/04/2026 **PB (50m pool):** 01:43.32 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:49.01		01:47.01	
		00:49.01		*00:58.00*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:8, starttime: 11:47

Heat: 8/12 Lane : 4 Athlete: CLAESKENS LINA — **Q-time: 01:35:38**

PB (25m pool): 01:34.31 Bilzen 14/01/2024 **PB (50m pool):** 01:36.17 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:34.31	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:10, starttime: 11:51

Heat: 10/12 Lane : 1 Athlete: MOONS AURéLIE — **Q-time: 01:32:28**

PB (25m pool): no time **PB (50m pool):** 01:32.28 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:10, starttime: 11:51

Heat: 10/12 Lane : 5 Athlete: MEYERS TRAPMAN ANNALINA — **Q-time: 01:32:24**

PB (25m pool): 01:40.25 Bree 21/12/2025 **PB (50m pool):** 01:32.24 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:47.48		01:40.25	
		00:47.48		*00:52.77*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:11, starttime: 11:53

Heat: 11/12 Lane : 1 Athlete: MOORS NORA — **Q-time: 01:30:28**

PB (25m pool): 01:39.56 Lommel 02/03/2025 **PB (50m pool):** 01:30.28 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:48.38		01:39.56	
		00:48.38		*00:51.18*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 9: 100M BREASTSTROKE WOMEN 11+ — Heat:12, starttime: 11:55

Heat: 12/12 Lane : 1 Athlete: LAMBRECHTS ANAïS — **Q-time: 01:26:20**

PB (25m pool): 01:26.91 Bree 31/05/2026 **PB (50m pool):** 01:26.20 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:40.66		01:26.91	
		00:40.66		*00:46.25*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:3, starttime: 12:03

Heat: 3/8 Lane : 1 Athlete: GRIETEN ARTHUR — **Q-time: 01:57:99**

PB (25m pool): 02:02.12 Lommel 02/03/2025 **PB (50m pool):** 01:57.99 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:58.85		02:02.12	
		00:58.85		*01:03.27*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:6, starttime: 12:10

Heat: 6/8 Lane : 2 Athlete: LEMMENS LARS — **Q-time: 01:30:82**

PB (25m pool): 01:32.38 Bree 21/12/2025 **PB (50m pool):** 01:30.82 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:43.23		01:32.38	
		00:43.23		*00:49.15*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 10: 100M BREASTSTROKE MEN 11+ — Heat:6, starttime: 12:10

Heat: 6/8 Lane : 5 Athlete: MOORS LIAM — **Q-time: 01:33:28**

PB (25m pool): 01:33.28 Temse 17/11/2025 **PB (50m pool):** 01:35.85 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:44.11		01:33.28	
		00:44.11		*00:49.17*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Bokkerijder 2026: Session: 1: COACH evaluation sheet for TEAM: DBT

Event number: 10: 100M BREASTSTROKE MEN 11+ **Heat:7, starttime: 12:12**

Heat: 7/8 Lane : 4 Athlete: DEGRAEN DIEGO **Q-time: 01:19:51**

PB (25m pool): 01:19.51 Bree 21/12/2025 **PB (50m pool):** 01:22.28 **SB:** no time

	25M	50M	75M	100M	
PB		00:37.69		01:19.51	
		00:37.69		*00:41.82*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: